

## **Mindset & Leadership: Sail Your Ship Not The Ocean**

In the ever-changing workplace landscape, the role of mindset is a driving force in achieving professional success. We explore the critical importance of cultivating a positive and growth-oriented mindset in unlocking true potential. This presentation underscores how mindset influences work ethic, decision-making, and overall job performance and presents strategies to overcome challenges, embrace opportunities, and forge a path to success.

### **What you will learn:**

1. Take control of your life and shape the future you deserve
2. Turn off the “autopilot” and re-ignite your motivation and creativity
3. Find purpose and satisfaction in your life and your work
4. Get unstuck, unlearn limitations and embrace new possibilities

### **Bio:**

Oumar Dieng specializes in using real-life examples of resilience and presents them in a way that entertains, educates and empowers his audience to live better. His presentations provide realistic, achievable and science-based solutions that lead to a happier and balanced life.

As a teenager, Oumar lived in a refugee camp after a deadly mob attacked his home and caused him to be separated from his family. He fled to another country where he reunited with his family and later went on to have a successful corporate career in the U.S., working for companies like U.S. Bank, Cargill, and the State of Minnesota as a Project Manager and a Sr. Business Analyst.

He is a TEDx speaker who has been featured in the popular press and shows such as The List TV, the Brooklyn Cafe Show, and numerous radio shows and podcasts and is the author of five books.

Oumar is also the host of the Motivational Voice, a podcast that teaches resilience, mindset and personal development: <https://oumardieng.com/episodes>